

Family-Centred Care / Visitors

We recognize that your family and partners are an integral part of the birthing experience.

Obstetrics patients may have two visitors per day during visiting hours of 10 a.m. to 8 p.m. MAHC requires all visitors to pass self-screening.

Children under the age of 18 may visit provided they are accompanied by an adult at all times.

Many families are using virtual options such as FaceTime, WhatsApp and Zoom to introduce their new-born baby to family.

The Mother-Baby Dyad:

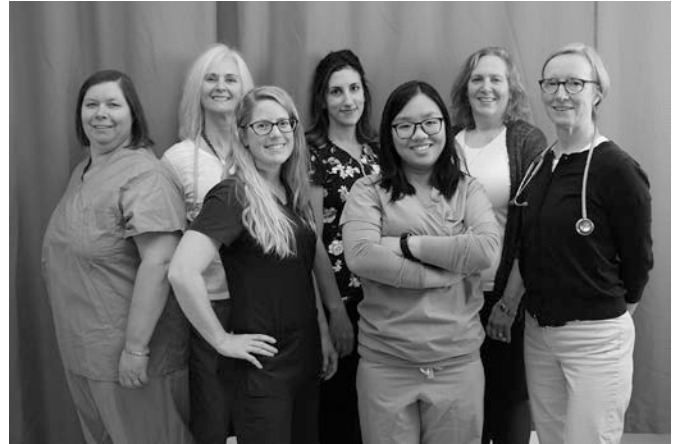
Skin-to-skin contact after birth is beneficial for both you and your baby. This initial contact helps the baby transition to the outside world. After delivery, your baby is placed directly on your chest and abdomen and dried with warm towels. This is where your baby takes their first breaths and starts using all their reflexes. This skin-to-skin contact has an effect on their temperature, breathing and heart rate; it also stimulates the initiation of breastfeeding.

Weight, measurements and other assessments are performed after your baby has had this skin-to-skin contact and the opportunity to breastfeed. The physicians and midwives will perform their initial assessments while your baby is still against your skin.

If you were to have a C-section, we also practice this skin-to-skin contact in the Operating Room. The baby is assessed and dried on the infant warmer and then brought to your chest to be placed skin to skin with you in the Operating Room.

Made in Muskoka – Delivered in Muskoka

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Muskoka Algonquin Healthcare is proud to be part of your journey to welcome your baby and play a role in growing happy, healthy families!