

SASOT

Seniors Assessment & Support Outreach Team



South Muskoka Catchment Area



SASOT's involvement is short term; assess, link, and refer to appropriate services where available.

SASOT's recommendations are reviewed with the patient and forwarded to the referring Physician/Nurse Practitioner.



HOW TO REFER?

Please fax referral form to:

(705) 645-6372

or call the office at

(705) 645-4404 Ext. 3505

Muskoka Algonquin Healthcare
 South Muskoka Memorial Hospital Site
 75 Ann Street
 Bracebridge, ON
 P1L 2E4
www.mahc.ca

WHO ARE WE?

SASOT is an interdisciplinary team consisting of a Registered Nurse, Occupational Therapist, two Social Workers, and a Physician (in the role of Medical Advisor).

SASOT accepts referrals from Physicians and Nurse Practitioners.

The team is located at Muskoka Algonquin Healthcare's South Muskoka Memorial Hospital Site.

WHAT DO WE DO?

SASOT assesses and provides outreach support to people aged 65 and older who live in South Muskoka.

The goal of the team is to:

- ❖ Help maintain people within their home
- ❖ Facilitate successful hospital discharge
- ❖ Reduce emergency department visits
- ❖ Avoid unnecessary hospital admissions

SASOT completes a comprehensive assessment of many areas of health and day-to-day function of the patient, which may include:

- ❖ Safety/Home Environment
 - ❖ Medical Concerns
 - ❖ Memory/Cognition
 - ❖ Mobility
 - ❖ Personal Care
 - ❖ Household Activities
 - ❖ Social Issues
 - ❖ Mood
 - ❖ Advance Care Planning
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